



SEABEL
SPA

SPA PROGRAMMES
PUBLIC RATES

Open Monday to Saturday
Opening hours: 09:00–12:00 and 14:00–19:00

Fitness & Relaxation Programme

- Relaxing massage.
- Seaweed wrap, affusion shower.
- Hydromassage and body scrub.

3 days: €175 6 days: €295

Top Slimming Programme

- Seaweed wrap, body scrub.
- Anti-cellulite massage.
- Targeted leg treatment and hydromassages.

3 days: €185 6 days: €315

Heavy Legs Programme

- Leg wrap.
- Relaxing massage, lymphatic drainage.
- Targeted leg treatment and hydromassages with circulation-boosting oils.

3 days: €175 6 days: €295

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Zen Escape Programme

- Traditional hammam scrub, foot reflexology, four-hand Mandara massage, hot stone massage, hydromassage with essential oils.
- Affusion shower, facial and seaweed wrap.

3 days: €255 6 days: €425

Healthy Back Programme

- Seaweed back treatment.
- Back massages, body scrub.
- Affusion shower, hydromassage and targeted back treatment.
- Facial and seaweed wrap.

3 days: €175 6 days: €295

Beauty Regatta Programme

- Body scrub, Harmony massage.
- Seaweed wrap, targeted leg treatment, pedicure.
- Facial, foot care and hydromassage.

3 days: €205 6 days: €365

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Massages of the World Programme

- Hammam + body scrub and jasmine massage.
- Facial and Indian massage (50 min).
- Hot stone massage (50 min) and pedicure.

3 days: €195

SEABEL ESCAPADE Programme

- Body scrub + hydromassage + clay application
- Hammam + affusion shower + traditional facial
- Hammam + foot care + jasmine massage (30 min)

3 days: €205

His & Hers Programme

- Hammam, scrub, Ayurvedic massage (50 min), hydromassage with essential oils.
- Harmony massage (50 min), Aroma Spa massage (30 min) in a couples' room, manicure or pedicure.
- Affusion shower, facial and seaweed wrap.

3 days: €230

NB: The Spa reception is at your disposal for any further information.

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