



## INDIVIDUAL RATES\* **SEABEL SPA ALHAMBRA BEACH- GOLF ET SPA**

Available from 01.11.2019 to 31.10.2020

Opening Hours: 9H.00 to 13H.00 & 15H.00 to 19H.00

### SPA CURES

**CURES**  
**4 days**

**6 days**

**3 days**

|                                            |             |            |
|--------------------------------------------|-------------|------------|
| <u>'Spa Temptation'</u> 3 treatments / day | 450 dt/158€ | 600        |
| <b>dt/208€ 900dt/312€</b>                  |             |            |
| <u>'Oriental'</u> 3 treatments / day       | 500dt/176€  |            |
| <b>660dt/230€ 990dt/344€</b>               |             |            |
| <u>'Golfer'</u> 3 treatments / day         | 420dt/146€  |            |
| <b>560dt /196€ 860dt/298€</b>              |             |            |
| <u>'Jasmin flowers'</u> 3 treatments / day |             | 560dt/196€ |
| <b>720dt /250€ 1020dt/353€</b>             |             |            |
| <u>'Sand flower'</u> 3 treatments / day    | 540dt/190€  |            |
| <b>690dt/240€ 990dt/344€</b>               |             |            |
| <u>'D-stress Cocooning'</u> 3 T / day      | 560dt/196€  | 710dt/247€ |
| <b>1100dt/382€</b>                         |             |            |
| <u>'Back Health'</u> 3 treatments / day    | 500dt/176€  |            |
| <b>670dt/233€ 990dt/344€</b>               |             |            |
| <u>'Back Health'</u> 3 treatments / day    | 500dt/176€  |            |
| <b>670dt/233€ 990dt/344€</b>               |             |            |
| <u>'Body-Slimming'</u> 4 treatments / day  | 1160dt/404€ |            |
| <b>SEABEL ESCAPADE</b> 4 treatments / day  |             |            |
| <b>890dt/304€ 1190dt/414€</b>              |             |            |

### **ESCALES SPA EVASION**

**THALGO**  
LA BEAUTE MARINE

### **INDOCEANE**

2H **250 dt/84 €**

Sensory Trip and vital relaxation (Mediterranean Salty ,Sweet Peeling – Egyptian milk Bath + Indian Massage with Qi Baume + Chinese subliminal wrap)

POLYNESIA SPA RITUAL

2H

**250 dt/84 €**

A relaxing journey across the Pacific (Scrub using white sand and marine salt with Vanilla –Manihi Massage using tuiponos filled with Bora Bora warm white sand– Polynesian sacred Monoi oil application).

\*Rates in Euro are approximate.



**HYDROTHERAPY CARES**

|                                                         | <b>RATES</b>       | <b>TIME</b> |
|---------------------------------------------------------|--------------------|-------------|
| Hydro-massage bath with essential oils / Seaweeds Serum | <b>50 dt/17 €</b>  | 20’         |
| Affusion Massage with apricot oil                       | <b>55 dt /19 €</b> | 20’         |
| Four Hands affusion Massage                             | <b>70 dt/24 €</b>  | 20’         |

**HAMMAM CARES**

|                                           |                   |     |
|-------------------------------------------|-------------------|-----|
| Hammam (Turkish bath)                     | <b>20 dt/ 7 €</b> | 30’ |
| Scrub using black soap “Argan”            | <b>35 dt/12 €</b> | 20’ |
| Seaweed, Sea mud and cryotherapy wrap     | <b>40 dt/14 €</b> | 20’ |
| Hammam + Scrub + Seaweed or Ghassoul wrap | <b>70 dt/24 €</b> | 50’ |

**SCRUBS IN CABIN**

|                                                      |     |
|------------------------------------------------------|-----|
| Scrub using loufa and soap (jasmine/ orange blossom) | 20' |
| <b>35 dt/12 €</b>                                    |     |
| Perfumed Salt Peeling                                |     |
| 20' <b>40 dt/14 €</b>                                |     |

**ZEN SPACE** (1/2 day)

|                                                                                                                                                                    |                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| *Oriental Hammam + Spa Pool with Jacuzzi                                                                                                                           |                     |
| <b>50 dt / 17 €</b>                                                                                                                                                |                     |
| * <b>Orange Blossom Ritual:</b> Scrub using kessa in Hammam + Wrap with Orange Blossom essences Clay +Relaxing Massage using Orange Blossom essential oil (60 min) |                     |
|                                                                                                                                                                    | <b>150 dt/ 50 €</b> |
| * <b>Oriental Ritual:</b> Scrub using black soap “Argan”in Hammam + Affusion Massage (20 min) + Relaxing Massage using Aoud and Musk essential oil (60min)         |                     |
| <b>170 dt / 57 €</b>                                                                                                                                               |                     |

**SIGNATURE SPA TREATMENTS**

|                    |     |
|--------------------|-----|
| Pressotherapy      | 30' |
| <b>50 dt /17 €</b> |     |



**MASSAGES**

**PLEASURE BREAK AND WELL BEING**

|                                         |              |           |
|-----------------------------------------|--------------|-----------|
|                                         | <b>TIME</b>  |           |
|                                         | <b>RATES</b> |           |
| Relaxing Massage using essential oils   |              | 30'       |
| <b>60 dt / 20 €</b>                     |              |           |
| Relaxing Massage using sweet almond Oil |              |           |
| 30' <b>65 dt / 22 €</b>                 |              |           |
| Light Leg Massage                       |              | 30'       |
| <b>60 dt / 20 €</b>                     |              |           |
| Special Back Massage                    |              | 30'       |
| <b>60 dt / 20 €</b>                     |              |           |
| Anti-cellulite Massage                  | 30'          | <b>70</b> |
| <b>dt / 24 €</b>                        |              |           |

|                                       |     |            |
|---------------------------------------|-----|------------|
| Sports Massage                        | 30' | <b>65</b>  |
| <b>dt / 22 €</b>                      |     |            |
| Relaxing Massage using essential oils |     | 50'        |
| <b>90 dt / 30 €</b>                   |     |            |
| « Honey Moon » Massage (Couple)       | 50' | <b>190</b> |
| <b>dt / 64 €</b>                      |     |            |
| Lymphatic Drainage                    | 60' |            |
| <b>100 dt / 34 €</b>                  |     |            |
| Cocoon Massage using Candle           | 50' |            |
| <b>100 dt / 34 €</b>                  |     |            |

## AROUND THE WORLD EVASION

|                                                          |     |  |
|----------------------------------------------------------|-----|--|
| <b>Tunisian:</b> *Berber massage using scarf             | 60' |  |
| <b>120 dt / 40 €</b>                                     |     |  |
| *Traditional massage using olive oil                     |     |  |
| 60' <b>120 dt / 40 €</b>                                 |     |  |
| <b>Moroccan:</b> Satinant Massage using Argan oil        | 50' |  |
| <b>120 dt / 40 €</b>                                     |     |  |
| <b>American:</b> Californian Massage                     | 50' |  |
| <b>100 dt / 34 €</b>                                     |     |  |
| <b>Indo-American:</b> Hot Stone Massage                  | 60' |  |
| <b>120 dt / 40 €</b>                                     |     |  |
| <b>Chinese:</b> Feet Reflexology                         | 50' |  |
| <b>90 dt / 30 €</b>                                      |     |  |
| <b>Japanese:</b> Shiatsu                                 | 60' |  |
| <b>120 dt / 40 €</b>                                     |     |  |
| <b>Indian:</b> *Ayurvedic Abyanga (with warm sesame oil) | 60' |  |
| <b>110 dt / 37 €</b>                                     |     |  |
| *Shirogriva Massage                                      | 50' |  |
| <b>100 dt / 34 €</b>                                     |     |  |
| *Siam Massage using healing herbal pack                  | 60' |  |
| <b>120 dt / 40 €</b>                                     |     |  |
| <b>Thailandais:</b> *Mandhara Massage (4 hands)          | 60' |  |
| <b>150 dt / 50 €</b>                                     |     |  |
| *Thai Massage                                            | 60' |  |
| <b>140 dt / 47 €</b>                                     |     |  |

## MASSAGES PACKAGES

|                                                                   |     |  |
|-------------------------------------------------------------------|-----|--|
| 6 Deep Relaxing Massages with essential oils                      | 60' |  |
| <b>450 dt /150 €</b>                                              |     |  |
| 6 Specific massages chosen from <b>“AROUND THE WORLD EVASION”</b> |     |  |
| <b>650 dt /218 €</b>                                              |     |  |

**BP16-4089 EL KANTAOUI-HAMMAM SOUSSE-TUNISIE**

**Tel.: 216 - 73 24 64 00 - Fax: 216-73 24 64 48**

**E-MAIL: [alhambra.spa@seabelhotels.com](mailto:alhambra.spa@seabelhotels.com)**

**[www.seabelhotels.com](http://www.seabelhotels.com)**

## **FACE BEAUTY CARES** THALGO LA BEAUTE MARINE

|                                                                          |     |            |
|--------------------------------------------------------------------------|-----|------------|
| Hydra-Moisture Source Facial (Dehydrated skins)                          | 70' | <b>150</b> |
| <b>dt/ 50 €</b>                                                          |     |            |
| Thalgodermyl Treatment (Oily problem Skin, Acne)                         | 60' |            |
| <b>150 dt/ 50 €</b>                                                      |     |            |
| Collagen Velvet treatment (First wrinkles)                               | 70' | <b>180</b> |
| <b>dt/60 €</b>                                                           |     |            |
| Hyaluronic treatment (Deep wrinkles)                                     | 70' | <b>180</b> |
| <b>dt/60 €</b>                                                           |     |            |
| Silicium treatment (Deep wrinkles and loss of firmness)                  | 75' | <b>200</b> |
| <b>dt/68 €</b>                                                           |     |            |
| Pure Collagen Eye Treatment (Hydrating and anti wrinkle for eye contour) | 50' |            |
| <b>90 dt/ 30 €</b>                                                       |     |            |
| Ocean Treatment Thalgomen                                                | 60' |            |
| <b>150 dt/ 50 €</b>                                                      |     |            |
| Lily Purity Care (Scrub – Mask)                                          | 30' | <b>70</b>  |
| <b>dt/ 24 €</b>                                                          |     |            |
| Face Energy Drainage                                                     | 30' | <b>60</b>  |
| <b>dt/ 20 €</b>                                                          |     |            |
| Stress Free Face Massage                                                 | 30' | <b>60</b>  |
| <b>dt/ 20 €</b>                                                          |     |            |

## **BODY BEAUTY CARES** THALGO LA BEAUTE MARINE

|                                                                                                                       |     |
|-----------------------------------------------------------------------------------------------------------------------|-----|
| <b>Special Back cleaning care</b>                                                                                     | 50' |
| <b>90 dt /30 €</b>                                                                                                    |     |
| <b>Slim &amp; Sculpt Body Wrap</b> (anti-cellulite, refining & firming) Slimming<br>massage - refining & firming wrap |     |
| 70' <b>130 dt /45 €</b>                                                                                               |     |
| Frigi-thalgo Body Wrap (Tired & Heavy legs)                                                                           | 40' |
| <b>65 dt / 22 €</b>                                                                                                   |     |

## **WAXING**

## ORIENTAL WAX WAX

## NORMAL

|                  |              |              |
|------------------|--------------|--------------|
| Face             | –            | 50 dt / 17 € |
| Full leg         | 35 dt/ 12 €  | 40           |
| <b>dt / 14 €</b> |              |              |
| Half Leg / Arm   | 25 dt/ 9 €   | 30           |
| <b>dt / 10 €</b> |              |              |
| Under Arm        | 20 dt/ 7 €   | 25           |
| <b>dt / 9 €</b>  |              |              |
| Bikini           | 30 dt/ 10 €  | 35 dt /      |
| <b>12 €</b>      |              |              |
| Eye Brows        | –            | 25 dt        |
| <b>/ 9 €</b>     |              |              |
| Upper Lip        | 15 dt/ 5 €   | 20 dt /      |
| <b>7 €</b>       |              |              |
| Back / chest     | 45 dt / 15 € | 50 dt / 17 € |

## HANDS AND FEET BEAUTY

|                                                         |    |
|---------------------------------------------------------|----|
| Manicure                                                | 50 |
| <b>dt/ 17 €</b>                                         |    |
| Hands Beauty using Aloe Vera ( Manicure + Scrub + Mask) |    |
| <b>60 dt/ 20 €</b>                                      |    |
| Medical Pedicure                                        |    |
| <b>65 dt/ 22 €</b>                                      |    |
| French Varnish                                          |    |
| <b>30 dt/ 10 €</b>                                      |    |